

Week 2 - Autumn 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the day				
Lunch option 1	Red kidney bean and sweet potato chilli	Plant based Shepherd's pie	Lentil and vegetable roast loaf with onion gravy	Penne pasta with creamy pesto sauce	Pizza Margherita
Lunch option 2	Jacket potato with baked beans and grated cheese	Penne pasta with tomato sauce and grated cheese	Sweet potato and leek bake	Penne pasta with Mediterranean vegetable tomato sauce with basil	Harvest style 'Viking' stew with soda bread and butter
Sides include a salad bar	Fluffy cous cous and quinoa mix, steamed peas and smashed avocados	Green beans and roasted cauliflower	Roast potatoes, steamed peas, Yorkshire pudding	Spinach, roasted carrots and sweet potato	Potato wedges and sweetcorn
Low sugar dessert and daily fresh fruit	Fruit salad with yoghurt	Apple crumble with custard	Fruit salad with blackberry and blueberry yoghurt	Sultana and date cookie	Orange cake with zesty Greek yoghurt
Afternoon tea	Cheese and onion puff pastry roll with crudités	Selection of sandwiches, filled rolls and crudités with mixed salad	Baked vegetable and cheese wraps	Bulgur wheat, chickpea and Mediterranean vegetable salad	Pitta bread, hummus and mixed salad