

Week 1 - Autumn 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the day				
Lunch option 1	Creamy cauliflower, leek and butter bean bake	Blended ratatouille lasagne	Plant based teriyaki 'chicken'	Cheese and tomato pasta bake	Vegetarian nuggets
Lunch option 2	Jacket potato or sweet potato with baked beans and grated cheddar	Fusilli pasta with tomato and red lentil sauce	Mild blended vegetable dahl curry sauce	Gnocchi with a creamy basil and mushroom sauce	Chickpea and apricot tagine with lime yoghurt
Sides include a salad bar	Broccoli florets	Green beans and peas	Sticky rice, steamed sweetcorn, spring rolls and dipping sauce	Courgettes in tomato sauce	Crispy diced potatoes, cous cous, mixed roasted vegetables and baked beans
Low sugar dessert and daily fresh fruit	Fruit salad with peach yoghurt	Mildly spiced carrot cake with custard	Fruit salad with yoghurt	Apple and pear puff pastry pie	Flapjack with toasted seeds and dried fruits
Afternoon tea	Pizza Margherita slice with cucumber and carrot sticks	Selection of sandwiches, filled rolls and crudités with mixed salad	Spanish style omelette with flatbread and salad	Baked quesadillas	Pitta bread, hummus and mixed salad