

Week 2 - Summer 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Pad Thai style tofu stir-fry	Soya mince lasagne	Margherita pizza	Mildly spiced pasta salad with red pepper and cannellini bean sauce	Roasted courgette and mixed bean rice salad
Sides	Mixed stir-fried vegetables	Steamed peas	Cucumber salad	Sweetcorn	Homemade tomato salsa
Low sugar dessert	Satsuma and melon with Greek yoghurt	Peaches and cream	Chilled melon	Banana and berry smoothie	Strawberries and cream
Crudité's of the day	Cucumber batons	Avocado slices	Beetroot slices	Mange tout	Sweet potato wedges
Afternoon tea	Butternut squash and bulgur wheat salad with vine tomato sauce	Selection of sandwiches (cheese or egg mayonnaise) with mixed crudité's	Red pepper, beans, sweetcorn and cheese quesadillas with carrot batons	Homemade houmous, boiled eggs and avocado dips served with pitta sticks	Potato, cheese and vegetable frittata with cucumber sticks