

Week 1 - Summer 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Spaghetti with homemade basil and rocket pesto	Lentil, tomato and roasted sweet potato salad	Macaroni and cauliflower cheese	Baked potato with homemade tomato and haricot beans	Margherita pizza
Sides	Broccoli and grated cheese	Green bean and cannellini bean salad	Steamed peas	Roasted courgettes and grated cheese	Steamed carrots
Low sugar dessert	Apricot yoghurt	Banana cream	Chilled melon sticks	Coconut and mango smoothie	Pineapple and melon medley with yoghurt
Crudités of the day	Baby corn	Soft cauliflower florets	Red pepper strips	Carrot sticks	Cucumber sticks
Afternoon tea	Spanish omelette with homemade tomato dip with cucumber sticks	Selection of wraps (houmous or cream cheese) with carrot batons	Vegetable ratatouille with chickpea cous cous and a tomato and mascrapone sauce	Selection of sandwiches (cheese or egg mayonnaise) with mixed crudités	Mixed bean bulgur wheat salad