

Week 2 - Summer 2026



	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Red pepper sticks	Baby corn	Steamed broccoli	Cucumber sticks	Cheese batons
Lunch	Pad Thai style tofu stir-fry	Soya mince lasagne	Courgette and red pepper ratatouille with cous cous	Mildly spiced pasta salad with red pepper and cannellini bean sauce	Roasted courgette and mixed bean rice salad
Sides	Mixed stir-fried vegetables	Steamed peas	Cucumber salad	Sweetcorn and grated cheese	Homemade tomato salsa
Low sugar dessert	Cooked apples and pears with cream	Peaches and cream	Chilled melon	Banana and berry smoothie	Strawberries and cream
Crudités of the day	Cucumber batons	Avocado slices	Beetroot slices	Mange tout	Sweet potato wedges
Afternoon tea	Butternut squash and bulgur wheat salad with vine tomato sauce	Broccoli and cheese risotto	Cheesy omelette strips with soft steamed cauliflower	Leek and cauliflower creamy dhal	Potato, cheese and vegetable frittata with cucumber sticks