

Week 3 - Summer 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the day				
Lunch option 1	Ratatouille pasta bake	Mild spiced bean pitta pockets with hummus and lemon yoghurt	Spanish style green lentils in tomato sauce	Plant based burger with sourdough bap	Pizza Margharita
Lunch option 2	Chunky butternut squash wedges with pesto	Pasta with creamy spinach, pesto and cheese sauce	Jacket potato with baked beans	Red lentil and carrot marinara with penne pasta	Mild bean and vegetable chilli with sour cream and guacamole
Sides include a salad bar	Steamed peas and carrots	Green beans, pesto and black olives	Pearl barley, baked courgettes with feta cheese and mint alioli	Potato wedges, sweetcorn, ketchup, burger sauce and pickles	Basmati rice, roasted peppers and corn chips
Low sugar dessert and daily fresh fruit	Yoghurt with fruit salad	Low sugar cacao and dark chocolate cake with chocolate sauce	Mango smoothie with fruit salad	White chocolate and strawberry cheesecake	Mixed tropical fruits
Afternoon tea	Pepper, courgette and chickpea stew with bulgur wheat	Selection of sandwiches, filled rolls and crudités with mixed salad	Baked Mediterranean potato frittata with Greek salad	Taco selection with Mexican style toppings	Plant based sausage roll with mixed salad