

# Week 1 - Summer 2026

|  | Monday   | Tuesday  | Wednesday  | Thursday                                      | Friday   |
|--|--|--|--|---|--|
| <b>Soup</b>                                    | Soup of the day  |  |  |   |  |
| <b>Lunch option 1</b>                          | Sweet potato and chickpea patties with coriander dressing          | Plant based burritos with salsa, sour cream and guacamole            | Chickpea tikka masala curry  | Tomato and basil gnocchi                      | Pizza Margherita   |
| <b>Lunch option 2</b>                          | Blended ratatouille and red lentil sauce with fusilli pasta        | Jacket potato with baked beans and grated cheddar                    | Mild blended vegetable dahl curry sauce                                      | Creamy pesto and broccoli pasta bake          | White bean and spring onion tagine with cumin and lime yoghurt |
| <b>Sides include a salad bar</b>               | Garden peas with pesto, summer baby potato and asparagus salad     | Roasted peppers and onions   | Basmati rice, steamed sweetcorn, vegetable pakora and mint yoghurt           | Courgettes, green beans and grated cheese     | Potato wedges, cous cous and mixed roasted vegetables          |
| <b>Low sugar dessert and daily fresh fruit</b> | Mango yoghurt with fruit salad                                     | Lemon and orange sponge with butter drizzle                          | Yoghurt with fruit salad   | Banana and cacao loaf cake                    | Low sugar jelly with summer berries                            |
| <b>Afternoon tea</b>                           | Wholemeal pitta pizza bread slices with cucumber and carrot sticks | Selection of sandwiches, filled rolls and crudité's with mixed salad | Sun blushed tomato, olive and artichoke pasta salad with focaccia and cheese | Cheese and tomato quesadilla with mixed salad | Pitta bread, hummus and mixed salad                            |