

Week 2 - Spring 2026



	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Red pepper sticks	Baby corn	Steamed broccoli	Cucumber sticks	Cheese batons
Lunch	Vegetable and chickpea biryani	Spring vegetable and lentil lasagne	Pad Thai style tofu stir-fry	Vegetable pasta bake	Cannellini bean and vegetable bake
Sides	Roasted cauliflower and mint yoghurt	Roasted courgettes and peppers	Mixed stir-fried vegetables	Steamed peas	Sweet potato mash and broccoli florets
Low sugar dessert	Melon and plum wedges	Mango and strawberry yoghurt	Poached pears and cream	Baked apple	Banana yoghurt
Crudités of the day	Cucumber batons	Avocado slices	Beetroot slices	Mange tout	Sweet potato wedges
Afternoon tea	Potato, cheese and vegetable frittata	Butternut squash and bulgur wheat salad with vine tomato sauce	Sweet potato and coconut soup with carrot batons	Lentil and butternut squash dhal with rice and yoghurt dip	Homemade chickpea falafels with cucumber sticks and tomato and red pepper sauce