

# Week 1 - Spring 2026



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Snack</b>	Cucumber sticks	Cheese batons	Softened carrot sticks	Avocado slices	Beetroot slices
<b>Lunch</b>	Macaroni cheese	Creamy vegetable and bean potato topped pie	Sweet potato, lentil and vegetable tikka masala	Mashed potato with homemade tomato and haricot beans	Basil and rocket pesto spaghetti
<b>Sides</b>	Steamed cauliflower	Green beans	Basmati rice, raita and sweetcorn	Roasted courgette and grated cheese	Grated cheese and steamed peas
<b>Low sugar dessert</b>	Pineapple and melon medley with yoghurt	Banana yoghurt	Coconut and mango smoothie	Stewed pears with cinnamon cream	Apricot yoghurt
<b>Crudités of the day</b>	Baby corn	Soft cauliflower florets	Red pepper strips	Carrot sticks	Cucumber sticks
<b>Afternoon tea</b>	Vegetable ratatouille with cous cous	Pea and vegetable soup with cheddar cheese batons	Spanish omelette with homemade tomato dip with cucumber sticks	Creamy broccoli risotto	Roasted vegetable and bean bulgur wheat salad