

Week 3 - Spring 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the day				
Lunch option 1	Chickpea and sweet potato tagine	Bao bun with vegetables and tofu in a bbq sauce	Spaghetti bolognese with soy mince	Hand-rolled creamy vegetable and bean pasta	Quorn fingers
Lunch option 2	Cheese and vegetable penne pasta bake	Jacket potato baked beans and cheddar	Lentil and vegetable hot pot	Farfalle pasta with a carrot and red lentil Alfredo sauce	Falafel burger with roasted pepper houmous
Sides include a salad bar	Cous cous and green beans	Sweetcorn	Carrots and garlic bread	Broccoli	Oven baked potatoes with peas
Low sugar dessert and daily fresh fruit	Strawberry yoghurt and fruit salad	Apple pie with custard	Fruit salad with yoghurt	Pineapple sponge cake	Fruit jelly with yoghurt
Afternoon tea	Wholemeal pitta bread pizza with cucumber and carrot sticks	Mini crusty roll with cheddar and cream cheese and mixed salad	Tomato soup with a cheese panini	Warm bulgur wheat with roasted vegetables and cheddar	Cheddar and onion puff pastry roll with mixed salad