

# Week 1 - Spring 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup</b>	Soup of the day				
<b>Lunch option 1</b>	<b>Creamy tomato and lentil pasta bake (50 % wholewheat)</b>	<b>Mild sweet potato and chickpea korma</b>	<b>Vegetarian sausages with gravy</b>	<b>Cheese and vegetable gnocchi bake</b>	<b>Quorn dippers</b>
<b>Lunch option 2</b>	<b>Golden vegetable cous cous with sweet potato</b>	<b>Jacket potato with baked beans</b>	<b>Three-bean and vegetable hotpot</b>	<b>Wholemeal Margherita pizza</b>	<b>Baked spinach and ricotta cannelloni</b>
<b>Sides include a salad bar</b>	<b>Cauliflower</b>	<b>Wholegrain rice and broccoli</b>	<b>Creamy mash, steamed peas and carrots</b>	<b>Potato wedges and sweetcorn</b>	<b>Crispy potato dice and baked beans</b>
<b>Low sugar dessert and daily fresh fruit</b>	<b>Peach yoghurt with fruit salad</b>	<b>Cinnamon spiced baked pears with custard</b>	<b>Strawberry yoghurt with fruit salad</b>	<b>Banana, oat and flax loaf</b>	<b>Fruit smoothie with apricot and chia seed flapjack</b>
<b>Afternoon tea</b>	<b>Wholemeal pitta pizza bread slices with cucumber and carrot sticks</b>	<b>Mini crusty roll with cheddar and cream cheese with mixed salad</b>	<b>Tomato and basil soup with hash browns</b>	<b>Warm pasta salad with tomato and carrot</b>	<b>Wholemeal pitta bread with cream cheese dip and mixed salad</b>