

Week 3 - Winter 2025/26

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the day				
Lunch option 1	Ratatouille pasta bake	White bean, sweet potato and tarragon puff pastry topped pie	Chickpea tikka masala curry with mango chutney	Mild bean and vegetable chilli with sour cream	Vegetable burger
Lunch option 2	Chunky butternut squash wedges with pesto	Cheesy lentil and vegetable roast with gravy	Red lentil and carrot pasta marina	Jacket potato with baked beans and vegetable gravy	Baked falafel pitta with rainbow slaw
Sides include a salad bar	Green beans	Roasted potatoes, peas and carrots	Wholegrain rice, vegetable pakora, sweetcorn and yoghurt dip	Cauliflower cheese	Potato wedges with peas and coleslaw
Low sugar dessert and daily fresh fruit	Fruit salad with yoghurt	Rice pudding with apricot sauce	Fruit salad with yoghurt	Cocoa and beetroot brownie bite	Jelly and fruit salad
Afternoon tea	Pitta pizza bread slices with crudités	Selection of sandwiches and crudités, mixed salad	Tomato soup with cream cheese wholewheat wrap	Wholemeal pitta bread, houmous and mixed salad	Plant based sausage roll with mixed salad