

Week 2 - Winter 2025/26

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the day				
Lunch option 1	Pesto pasta with creamy cauliflower sauce	Butternut squash and chickpea tagine with lemon yoghurt	Stir-fry noodles with teriyaki vegetables	Bean and vegetable burritos with smashed avocado	Quorn Nuggets
Lunch option 2	Jacket sweet potato with tomato sauce and feta cheese	Baked vegetable and soya mince lasagne	Jacket potato with baked beans	Red lentil and vegetable cottage pie	Potato, pea and mixed pepper frittata
Sides include a salad bar	Green beans and roasted peppers	Fluffy cous cous and peas	Sautéed cabbage and sweetcorn	Broccoli florets	Potato wedges with baked beans
Low sugar dessert and daily fresh fruit	Fruit salad with yoghurt	Mildly spiced carrot cake	Peach yoghurt with fruit salad	Pear crumble	Fruit salad with yoghurt
Afternoon tea	Bulgur wheat with roasted tomato sauce and white bean dip	Selection of sandwiches and crudités, mixed salad	Baked cheese and tomato wraps	Wholemeal pitta bread, houmous, crudités and mixed salad	Cheese and onion puff pastry roll with mixed salad