

Week 1 - Winter 2025/26

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the day				
Lunch option 1	French style white bean and carrot stew	Red lentil, sweet potato and spinach curry	Plant based sausages with red onion gravy	Vegetable Bolognese with penne pasta	Margherita pizza
Lunch option 2	Penne pasta with butternut squash tomato sauce and grated cheese	Jacket potato with baked beans	Chickpea and beetroot goulash	Spaghetti with creamy pesto sauce	Goats cheese and butternut squash gnocchi
Sides include a salad bar	Sweet potato mash and cauliflower	Wholegrain rice, vegetable pakora, sweetcorn and yoghurt dip	Creamy mash, steamed peas and carrots	Broccoli, rosemary and garlic focaccia	Potato wedges and baked beans
Low sugar dessert and daily fresh fruit	Fruit salad and strawberry yoghurt	Stewed apple with raisins and custard	Fruit salad with yoghurt	Banana and cinnamon loaf	Blueberry smoothie and oat, coconut and apricot flapjack
Afternoon tea	Pitta pizza bread slices with cucumber and carrot sticks	Selection of sandwiches and crudités, mixed salad	Tomato soup with homemade bread and butter	Cheese and tomato quesadilla with mixed salad	Pitta bread, houmous and mixed salad