

Week 2 - Summer 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Cheese and tomato pasta bake	Mild bean chilli with smashed avocado	Red lentil and pea curry	Margherita pizza	Chickpea and spinach paella
Baby lunch alternative				Vegetable lasagne	
Sides	Roasted courgettes and leeks	Mashed potatoes	Basmati rice, boiled eggs, green beans and raita	Potato wedges and mixed roasted vegetables	Mild tomato salsa
Low sugar dessert	Fruit salad and yoghurt	Mango, banana and coconut smoothie	Fruit salad and yoghurt	Apple and mixed summer berry strudel with custard	Fruit salad and yoghurt
Afternoon tea	Vegetable and bean stew with cous cous	Selection of sandwiches and crudité's	Cheese and tomato toasties	Pesto pasta salad with grated cheese	Baked feta and tomato tortillas
Baby tea alternative		Sweet potato and red lentil soup	Toasted bread strips with cream cheese cruditiés and baked beans		Potato and vegetable patties with tomato dip and cucumber sticks