

## Week 1 - Summer 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Chickpea and spinach tikka masala	Soya mince Bolognese with penne pasta	Thai style tofu noodle stir fry	Margherita pizza	Jacket potato with baked beans
Baby lunch alternative				Blended mild bean chilli with basmati rice	Mashed potato with baked beans
Sides	Basmati rice, raita, boiled eggs and roasted cabbage	Garlic bread, grated cheese and green beans	Stir fried carrots and courgettes	Sweetcorn and potato wedges	Grated cheese and steamed peas
Low sugar dessert	Fruit salad and yoghurt	Orange sponge cake	Fruit salad and yoghurt	Mixed summer berry yoghurt	Banana bread
Afternoon tea	Red kidney bean and vegetable cous cous with tomato sauce	Cheddar and Mediterranean vegetable (courgette and peppers) filled pitta pockets	Potato and lentil cakes with yoghurt dip, tomato dip and carrot and cucumber sticks	Spanish style omelette with mixed crudités	Selection of sandwiches and crudités
Baby tea alternative		Cheddar and Mediterranean vegetable (courgette and peppers) with Spanish tortilla strips			Roasted vegetable pasta salad