



MULTISPORT AND FITNESS WEEK

ROSADILS (FORMS 3-6)

TUESDAY 28TH MAY - FRIDAY 31ST MAY 2024

Tuesday	Wednesday	Thursday	Friday
<p>Multisport fun games session Barnard Park Football Pitch - TBC</p>	<p>Tree top adventure Go Ape - TBC</p>	<p>Swimming with a splash Archway Leisure Centre - TBC</p>	<p>Ping pong fun Bounce - TBC</p>
<ul style="list-style-type: none">• Dance with Miss Milli• Football, tag rugby, handball, basketball and dodgeball• Create a class mascot• Wear your favourite sports kit for inspiration and design a sports kit• Cookery: Fruit salad	<ul style="list-style-type: none">• Dance with Miss Milli• Multisport including cricket, rounders, volleyball and tennis• Create a trophy• Sports and Olympics crafts• Cookery: Sandwiches	<ul style="list-style-type: none">• Multisport and fun games including gymnastics, trampoline, archery and target practice• Explore what exercise does for us and benefits of exercise• Wooden dreamcatcher kit craft• Cookery: Fruit smoothies	<ul style="list-style-type: none">• Dodgeball, team relays, tug of war and multisport competition• Sports quiz• Medal ceremony• Celebration party

